

Gump-tion | BUFFET BREAKFAST

Available between 6am & 10am

Full Cooked Buffet Breakfast

40

Includes all items below

Pancakes	French Toast	Grilled Tomato	Mushrooms
Bacon	Pork Sausage	Beef Sausage	Hash Browns
Scrambled Eggs	Baked Beans		

Continental Buffet Breakfast

30

Choose from

Bakery

Crumpets	Selection of Danish	Croissant	English Muffins
Bagels	White Bread	Grain Bread	Fruit Loaf

Cereals

Granola	Cornflakes	Sultana Bran	Weetbix
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Cold Counter

Cheese Selection	Meat Selection	Natural Yoghurt	Berry Yoghurt
Seasonal Fruit Salad	Berry Shooters	Chia Seed Pudding	

Hot & Cold

Drinks

Coffee	Tea	Orange Juice	Apple Juice
Iced Tea			

Gump-tion | À LA CARTE BREAKFAST

Available between 6am & 11am

Fruit Bowl (gf, vg) **20**

A selection of seasonal fruits with coconut yoghurt

Fluffy Pancakes or French Toast **26**

Served with grilled banana, crispy bacon and maple syrup

Full Gumption (gf*) **30**

Two eggs the way you like, bacon, tomato, sausages, mushrooms, hash brown, toasted white bread and baked beans

Two Eggs the Way You Like (gf*) **19**

Served with grilled tomato on toasted country grain bread

Vegan Bircher Muesli (vg) **19**

Served on coconut yoghurt with oat milk, berries & fruit

English Porridge (v, low GI) **20**

Traditional style porridge, cooked in low fat milk with blueberries & cinnamon

Creamy Mushrooms on Toast (v, vg*, gf*) **22**

Mushrooms cooked in a light cream sauce served on grilled country grain bread with roquette

Three Egg Omelette (gf*) **20**

Served with toasted country grain bread.

Choose three fillings: ham, cheese, mushroom, onion, tomato, spinach

Eggs Benedict (gf*) **26**

two poached eggs served on English muffin with hollandaise sauce.

Choice of the following: shaved ham, smoked salmon or spinach & mushroom

Barista Coffee **Regular Large Additional Sides**

Short Black / Long Black / Americano **5 -** Crispy bacon **9**

Short Macchiato / Long Macchiato **5.5 -**

Cappuccino / Flat White **6 6.5** Sausage **9**

Latte **- 6.5** Two fried, size 7 free-range eggs **9**

Mochaccino **6 6.5** Grilled tomato **6**

Hot Chocolate **6 6.5**

Chai Latte **6 6.5** Creamy mushrooms **9**

Coffee Additions Toast (white, country grain) **5**

Alternative Milk – Oat, Soy, Almond & Coconut **1** Fruit cup **9**

Coffee Syrup – Caramel, Vanilla & Hazelnut **1**

Extra Shot **1** Two hash browns **8**

df – dairy free gf – gluten free n – contains nuts p – contains pork s – contains seafood v – vegetarian
vg – Vegan plant-based food * – on request

